

August 2022

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# Quarterly

CENTRAL ASSOCIATION of  
OBSTETRICIANS & GYNECOLOGISTS



"Changing the Face of Women's Health"

# NEWSLETTER

## Meet Us in Charleston . . . .



That's What I Like About the South!

Union but was the first to secede from that same Union to begin the Civil War at Fort Sumter. Portrait painter Samuel Morse came to Charleston but finally threw in his brushes and invented Morse code. Charleston also has 2 official languages – English and Gullah, the latter created by African slaves as part of their lowland South Carolina culture. On a modern note, the professional baseball team Charleston Riverdogs was part owned by actor Bill Murray. He was often found at the Marriott's lounge when in town.

Don't forget all the plantation and other tours, many of which have departures from our hotel.

Y'all enjoy yourselves !!!

The CAOG is proud to combine a long standing tradition of great science with the Atlantic coast splendor of the Charleston Marriott on the banks of the Ashley River in South Carolina. Visitors often return year after year. Maybe you will too.

For a chance to enjoy the best of the CAOG, including old friends and new acquaintances, reserve these dates and make your travel and room reservations immediately. Charleston is already getting booked up for fall festivities.

### October 19 –22, 2022

This will be the 2<sup>nd</sup> time ever that the CAOG has held its annual scientific meeting in South Carolina. A perennial Condé Nast world travel destination favorite, Charleston offers a blend of American culture that dates back to 1670 and unforgettable local cuisine. History buffs can especially appreciate the continuity as three nations struggled for control amid pirates, the abomination of slavery, colonial times ending with the Revolutionary War and the War of 1812, followed by the Civil War tragedy.

Some interesting Charleston facts include the first game of golf played in the U.S. and North America's longest cable-stayed Arthur Ravenel Bridge which dominates the harbor skyline. In 1788 South Carolina became the 8<sup>th</sup> state in the

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### Special points of interest:

- Charleston meeting information
- Registration forms are lagging – Return now
- New member ballot & committee interest form just e-mailed to active members only
- Update your e-mail, phone & address
- Unpaid dues kindly requested STAT

#### Officers

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**CAOG hosts: Drs. James & Cathy Van Hook**

## Message from the President . . .

Greetings to you all! As I write this, summer is moving quickly. Many of us in warmer climates are ready for a change! We all undoubtedly are thankful for air-conditioning. As summer ends, the date of our Central Association of Obstetricians and Gynecologists annual meeting grows nearer. I believe we will have another top-notch meeting. The number and quality of scientific submissions, as well as the lecture schedule, are evidence that the annual meeting will be both scientifically interesting as well as enjoyable for all participants. I hope you all can attend this year's meeting.

The year has been eventful from the standpoint of women's health. I do not recall a time when women's health has been consistently front and center on a day-to-day basis. The bad news is that we have a long way to go, and the fight is now in our back yard. There is good news from all this attention, however! The good news is that women's health in general, and specifically Obstetrics & Gynecology, now receive the attention and interest of society as a whole. I truly believe that an almost forgone result of this attention will be the eventual attainment of true fairness and justice in

all health care, an equitable balance in resource allocation, and the fostering of scientific discovery to help us achieve better outcomes. So, while the road is clearly rocky and fraught with challenges, the tension and conflict we currently see, and experience, will make us stronger. More importantly, if we stand fast to the tenets of scientific Evidence-Based medicine, fair and just treatment of our patients, societal advocacy for reproductive rights, and professional equanimity, "the truth will set us free."

In times like these, organizations like the CAOG help professionals like us maintain professional equanimity. The search for scientific truth and the collegial support of our members are the strengths of our organization. Together we are strong. The science and truth we discuss and debate forge the quality and art of our practice. The benefits and strength we receive from participation are why Cathy Van Hook and I remain members of the Central Association of Obstetricians and Gynecologists. So, my charge to you (and to me!) is to continue to seek the highest professional standards in the art and science of being a physician. Thank you to you all for allowing me to serve as your president this year. See you in Charleston!

James Van Hook, M.D., President CAOG



**Dr. Jean Goodman**

**Jean Ricci Goodman, M.D.**, a native of Chicago's south side, completed undergraduate work at John Carroll University, Cleveland followed by medical school at the Georgetown University School of Medicine with her OB-Gyn residency and MFM fellowships at the University of Miami/ Jackson Memorial Medical Center in Florida. Her academic career has included the UCLA School of Medicine, the Marshfield Clinic in Wisconsin, the University of Oklahoma Health Sciences Center and the Loyola University Medical Center in Chicago. Dr. Goodman is currently the Griffin Endowed Chair and Professor of OB-Gyn at the University of Missouri School of Medicine in Columbia.



**Dr. Kin Whittington**

## Meet Your CAOG Trustees

Dr. Goodman's curriculum vitae is replete with academic awards and honors, especially teaching awards. Her committee memberships are pages in length. Her research grants approach 2 million dollars, while her peer reviewed publications, book chapters and abstracts easily exceed 100. Jean was elected to CAOG membership in 2009 and has served on several committees and participated in numerous scientific sessions. Never one to say "No," Jean has generously served as a Trustee these last three years. Her efforts are always applauded.

**Kinion E. Whittington, D.O.** is an Oklahoma native who completed undergraduate work at Southeastern Oklahoma State University in Durant, before attending the Oklahoma State University College of Osteopathic Medicine in Tulsa. Dr. Whittington then moved to Canton, Ohio for his obstetrics and gynecology residency at the Aultman Health Foundation mentored by Dr. Michael Hopkins.

Following residency, Dr. Whittington returned to Durant, Oklahoma where he is one of the last of our specialty still successfully engaged in private practice. Many know that Dr. Whittington has a fascinating entrepreneurial spirit which includes a radio station, a construction company, a private aviation firm, real estate development and other "money losing hobbies."

American Board of OB-Gyn certified and an ACOG Fellow, Kinion was elected to CAOG membership in 2007. Kinion has given both his much appreciated time and business expertise as a Trustee these last three years.

# THE CENTRAL ASSOCIATION OF OBSTETRICIANS AND GYNECOLOGISTS



**89TH ANNUAL MEETING  
OCTOBER 19 – 22, 2022**

**THE CHARLESTON MARRIOTT  
170 LOCKWOOD BOULEVARD  
CHARLESTON, SOUTH CAROLINA**

## **CONFERENCE INFORMATION AND REGISTRATION**



**Welcome to Charleston, S.C. – The Finest in Southern Hospitality !**

# WELCOME TO CHARLESTON, SOUTH CAROLINA

Final plans are almost complete for the 89th Annual Scientific Meeting of the Central Association of OB-Gyn at the Charleston Marriott on Lockwood Boulevard overlooking the Ashley River. One of the friendliest and most visited cities in America, Charleston exudes southern charm and a wealth of American history. Among Charleston's many United States "firsts" includes the first time a British flag was hauled down and replaced by an American flag in 1775. That's almost 250 years ago! I'm hoping we can make the CAOG's return visit to Charleston just as memorable in its own way. Reserve your hotel rooms and these dates immediately **Oct. 19, 20, 21 and 22, 2022**. On behalf of the Officers and Trustees, please join us in celebrating our great tradition of fellowship that is your Central Association.

Jim Van Hook, M.D. – President, CAOG

**About The Marriott:** Location is everything – only 20 minutes from the Charleston Airport with easy access to everything. The amenities abound from great dining, plantation visits, championship golf, fascinating historical tours to you name it. Frequently the city trolley takes guests on a short ride to the Charleston Harbor waterfront. Think Fort Sumter National Monument where the Civil War began as well as 200 years of American history that predates that fateful event. Did you know that more Revolutionary War battles were fought in South Carolina than in any other American colony? The weather should be perfect in late October so make Charleston with the CAOG your CME priority this Fall. Consider returning to Charleston on your own again and again.

**Room Reservations:** The CAOG has reserved a block of rooms for the meeting starting at \$209.00 per night (plus tax). To take advantage of this incredibly favorable rate, please be certain to identify yourself with the Central Association Ob-Gyn when registering. For room and other information please contact The Marriott reservation desk directly at **1-843-723-3000 and ask for CAOG Annual Meeting**. Or go to [caog.org](http://caog.org) for a direct link.

The room block will sell out. Please support the CAOG by attending the Annual Meeting and using the Marriott. We have contracted for a room block; however The Marriott (and most other rooms in Charleston) sell out during October weekends. Call the CAOG office at 1-701-838-8323 if you need any help.

**Southern Dining:** Always ranked highly as one of the best dining cities anywhere, Charleston is more than just "The City of Seafood." No matter your tastes or budget you won't be disappointed. You can never go wrong at almost any bistro, local eatery, tasty confectionery or fancy dining emporium. Just make reservations in advance unless you prefer to savor the unpredictability of a lucky find at the last minute !

**Entertainment:** You will not have enough time to enjoy the wealth of everything Charleston has to offer. A general small bus tour of the city is a great way to start followed by plantation trips, water taxis and row after row of museums, mansions, art galleries and shopping venues. The spectacular Ravenel Bridge closes for a day in March for a 6 mile run with 6000 devotees from across the country but you'll have to return to Charleston for that.

## Spouse/Guest Program....

The traditional Spouse and Guest Reception is Thursday morning hosted by Dr. Cathy Van Hook, the wife of President Jim Van Hook, and a CAOG member herself . You will be treated to a first hand account of life as a professional poker player. Come meet Cody Lutz, son of CAOG photographer Doug Lutz, to experience the unlikely world of Charleston's big time poker games. You will learn about a non-typical lifestyle as well as the difference between cash games and playing online. Using a question and answer format Cody will share many professional poker tips to help improve both your game and the odds of winning more consistently. Enjoy !

## Scientific Program....

Original scientific research will be the focus of 22 oral presentations and nearly twice as many poster presentations. Sunrise lectures, hot topics, and invited guest speakers will further highlight this outstanding CAOG program. The practice of medicine continually changes around us. Please review the enclosed preliminary program designed to help everyone stay abreast of these changes. You won't want to miss a single talk.

2022 FINAL	WEDNESDAY, OCTOBER 19, 2022	CAOG PROGRAM
1:00 – 5:00 p.m.	<b>General Registration</b> (also continues each morning of meeting days)	
6:30 – 9:00 p.m.	<b>Welcome Reception /Exhibit Hall Opens</b> (all attendees invited)	
<b>THURSDAY, OCTOBER 20, 2022</b>		
6:15 – 6:30 a.m.	<b>Continental Breakfast – Scientific Posters/Exhibits</b>	
6:30 – 7:30 a.m.	<b>Sunrise Lecture</b>	<b>“Avoiding Alcohol Damage in Pregnancy” Robert J. Sokol, M.D. , Detroit, MI &amp; Barbara V. Parilla, Lexington, KY</b>
7:30 a.m.	Opening Remarks	
7:30 – 8:30 a.m.	<b>Hot Topic</b>	<b>“Optimizing Natural Fertility” John A. Schnorr, M.D. – Coastal Fertility Specialists, Mount Pleasant, SC</b>
8:30 – 10:00 a.m.	Original Research Paper Presentations	
10:00 – 10:45 a.m.	Break – Scientific Posters/Exhibits	
10:45 – 11:30 a.m.	<b>Hot Topic</b>	<b>“Intimate Partner Violence and Its Sequelae” Constance Guille, M.D. – Psychiatry Dept., Medical Univ. of S.C., Charleston</b>
11:30 a.m. – 12:30 p.m.	Original Research Paper Presentations	
12:30 – 1:15 p.m.	<b>Hot Topic</b>	<b>“A Visit With Dr. Ephram McDowell” Philip N. Eskew, Jr., M.D. – Indiana Univ. School of Med., Bloomington, IN</b>
<b>FRIDAY, OCTOBER 21, 2022</b>		
6:15 – 6:30 a.m.	<b>Continental Breakfast – Scientific Posters/Exhibits</b>	
6:30 – 7:30 a.m.	<b>Sunrise Lecture</b>	<b>“Circulating Tumor DNA Testing” Adam C. ElNaggar, M.D. – Natera, Memphis, TN</b>
7:30 – 9:00 a.m.	Original Research Paper Presentations	
9:00 – 9:45 a.m.	<b>Hot Topic</b>	<b>“Lessons Learned From Managing the Multifetal Gestation” Roger B. Newman, M.D. – Medical Univ. of S.C., Charleston, SC</b>
9:45 – 10:30 a.m.	Break – Scientific Posters/Exhibits	
10:30 – 11:30 a.m.	Original Research Paper Presentations	
11:30 am – 12:15 p.m.	<b>Keynote Address</b>	<b>“Delivery of Medicine in Rural Areas” Donna D. Johnson, M.D. – Medical Univ. of S.C., Charleston, SC</b>
12:15 – 1:00 p.m.	<b>Presidential Address</b>	<b>“Don’t Throw the Baby Out in the Bath Water” James W. Van Hook, M.D. – Univ. of Toledo, Toledo, OH</b>
1:00 – 1:30 p.m.	<b>Annual Business Meeting CAOG</b>	
6:00 – 10:00 p.m.	<b>Farewell Reception/Dinner</b> (all attendees invited)	
<b>SATURDAY, OCTOBER 22, 2022</b>		
6:15 – 6:30 a.m.	<b>Continental Breakfast</b>	
6:30 – 7:30 a.m.	<b>Sunrise Lecture</b>	<b>“Diversity &amp; Non-Binary Medicine Challenges” Dani G. Zoorob, M.D. – Louisiana State Univ., Shreveport, LA</b>
7:30 – 9:00 a.m.	Original Research Paper Presentations	
9:00 – 9:30 a.m.	Break/Refreshments	
9:30 – 10:30 a.m.	<b>Hot Topic</b>	<b>“Vulvar Disease Update” David E. Soper, M.D. – Medical Univ. of S.C., Charleston, SC</b>
10:30 – 12:00 noon	Original Research Paper Presentations	
12:00 noon	<b>Adjourn</b>	



**Charming & Historic Downtown Charleston – Founded 1670**



**Fort Sumter, Charleston, S.C. – Civil War Began Here**

## Bylaws Encourage Minimum Attendance

Provisional active members must attend at least one Annual Meeting following election to become a full Active Member. Active Members are encouraged to attend at least one Annual Meeting every three years. These are minimum attendance recommendations. The CAOG encourages members to consider annual participation. Make CAOG your priority.

## Member Attendance Honor Roll

Special recognition is extended to the following physicians who have currently attended five or more consecutive meetings. An asterisk (\*) denotes perfect attendance since election to membership. [The 2001 Annual Meeting was cancelled following 9/11.]

Tom G. Sullivan	37*	Mark I. Evans	10
Fran Popper	26*	Mark G. Martens	10
Robert J. Sokol	23	Deborah C. Sherman	9
J. Coffy Pieternelle	20*	Lee P. Shulman	9
Karolina Adam	20	Robert J. Carpenter, Jr.	8
David F. Lewis	19*	Andrew F. Wagner	8
Barbara V. Parilla	18	Thaddeus L. Anderson	7
Joanie Y. Hare	16*	James W. Van Hook	7
Robert J. Wester	16	Theresa L. Robinson	6
Michael G. Flax	15	Leah N. Delfinado	5*
Elliot M. Levine	15	Vanessa M. Barnabei	5
Emily A. DeFranco	10*	Dana M. Benden	5
David A. Billings	10	David M. Haas	5

### CAOG members are loyal !

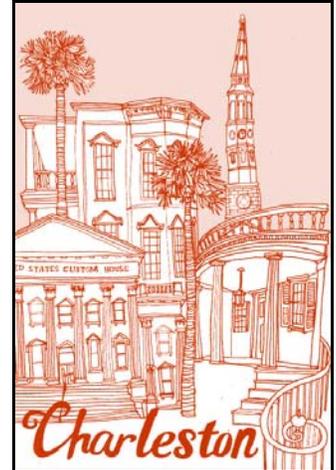
Dr. Tom Sullivan joined in 1982 and attended 37 consecutive meetings. This may be an all time CAOG record. Tom was hoping to extend his streak to 38 this year in Charleston but recently lost his battle with cancer.

We'll all miss you old friend!

## IN MEMORIAM

**Tom G. Sullivan, M.D.**  
Kansas City, MO

Please promptly notify the CAOG office of any member deaths so they can be shared with the membership.



**“Occam’s Razor” plus 2 thrilling sequel novels by local MFM speaker Roger Newman sheds light on a seamier side of Charleston.**

**This Honor Roll is a most appreciative salute to CAOG members who regularly attend annual meetings. Add to your current streak of consecutive attendance record in 2022. Don't forget to sign the official green registration cards !**



**Enjoy the art, architecture and brightly colored buildings of downtown Charleston**

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## Women's Health Care Leaders

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WE'RE ON THE WEB!  
WWW.CAOG.ORG

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## New Member Recruitment Essential to CAOG

Even as active members review the e-mailed ballot of new members for 2022, continue to think of someone who might be good for the CAOG and vice versa. Please help us to grow!

Application forms for both active and adjunct members are available from the CAOG Office and both are also on the website. Because signatures of both applicants and endorsers are required, a hard copy must be mailed. The deadline for consideration at the 2023 Annual Meeting is **July 1<sup>st</sup>, 2023**. Don't miss the deadline by waiting until the last minute to apply.

A special thanks to the following CAOG members who have served as an endorser for one or more of the 7 active and 4 adjunct new membership applications this year. Please plan to add your name to this list next year. We continuously need successful recruiting efforts.

**David E. Biats, D.O.**  
**Jean R. Goodman, M.D.**  
**James F. Kirby, M.D.**  
**David F. Lewis, M.D.**  
**Dennis J. Lutz, M.D.**

**Barbara V. Parilla, M.D.**  
**Robert J. Sokol, M.D.**  
**Tiffany R. Tonismae, M.D.**

## PRIORITY #1: More New Members in 2023

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## CAOG Management Report



**Rochelle Hickel**  
**Executive Director**

The CAOG office is in full swing to prepare for the Charleston Annual Meeting. The program looks great, the venue is southern charm and the Central has always been about members getting together. Rooms are disappearing and time is running out! Please send in your registration forms today so we can match the rooming list.

A special thanks to everyone who has been involved in the abstract/paper/poster process, including all the authors and discussants. There is much more final detail work to be done with the Annual Meeting only two months away. Please introduce yourself to each new member (yellow ribbon name tag) you see in South Carolina. Make them feel welcome and wanted !

We are trying to collect the last of the unpaid dues for 2022 and a few still owing from 2021. If you are delinquent, please respond to the dues reminder notice you should have received recently. The CAOG needs your membership and support. Thank you for prompt payment.

Finally, reserve your rooms for the Charleston Marriott as soon as possible. During Autumn and cooler weather Charleston is sold out, including restaurant reservations. Confirm all your travel plans now, especially flights and rental cars, to avoid disappointment. Call me if you have any questions or run into problems. Thanks again. Enjoy what remains of summer.

Rochelle

## PTO "Endowment" Fund Appeal

As noted in previous newsletters, the endowment fund still needs vigorous growth to augment current and future CAOG Awards. Contributions are continuously being solicited and donors will be recognized in both the quarterly Newsletter and the Annual Scientific Program booklet. Any amount is sincerely appreciated. Become a much valued P.T.O. Fund contributor today !

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**Adjunct members are encouraged to apply for active membership as soon as possible following ABOG certification.**