

THE CENTRAL ASSOCIATION OF OBSTETRICIANS AND GYNECOLOGISTS



86TH ANNUAL MEETING
OCTOBER 16 – 19, 2019
WEDNESDAY, THURSDAY, FRIDAY
& SATURDAY (4 DAYS)

THE PYRAMID AT GRAND OASIS
CANCUN, MEXICO

CONFERENCE INFORMATION AND REGISTRATION



Cancun, Mexico

Refresh as spirits soar at the all-inclusive Pyramid at Grand Oasis

Welcome to Cancun – Yucatan’s Royal Mayan Oasis

What a pleasure to journey to Mexico for the 86th Annual Scientific Meeting of the Central Association of Obstetricians and Gynecologists. The program looks great and the splendor of Cancun is truly worth visiting. This annual Fall opportunity to see old friends and meet new colleagues is what makes the CAOG so special. Be sure to reserve these dates today – **October 15, 16, 17, 18, 19, 20** – and think about room and airline reservations as well. On behalf of the Officers and Trustees please join us in celebrating our great tradition of science and fellowship that is your Central Association.

Vanessa Barnabei, President CAOG

About The Pyramid at Grand Oasis: Surrounded by water and sun, the recently renovated Pyramid at the Oasis is beyond amazing for convenience and proximity to everything. Only 30 minutes from Cancun International Airport, ground transportation is incredibly convenient. A rental car is not necessary to enjoy the venue. Exploring surrounding sites can best be done with scheduled tours through the resort.

Room Reservations: The CAOG has reserved a block of rooms for the meeting starting at \$278.00 per night/ single occupancy or \$205.00 /per person per night double occupancy (\$410.00 per couple) which includes all taxes and fees. To take advantage of this incredibly favorable all-inclusive rate, please be certain to identify yourself with the CAOG when registering. For reservations and information on what the Pyramid has to offer click on the following link:

groupsatoasis.com/the-pyramid-at-grand-cancun.html

ALL ROOM RESERVATIONS NEED TO BE DONE BY JULY 31, 2019.

We need the room block to fill. Please support the CAOG by attending the Meeting and staying at the Pyramid. The CAOG contracts for a specific number of rooms that must be sold out to avoid financial penalties.

Dining Options: As a luxury all-inclusive you never need to leave the Pyramid at the Oasis to experience a vast variety of dining choices. From gourmet dishes to beachside grill fare there is everything for everyone. Top 10 Cancun restaurants on property include innovative techno-emotional cuisine at Benazuza, The White Box which is more than “just for lunch,” The Black Hole which will defy your senses in the dark and my personal favorite Careyes. Add at least another 18 restaurants and 17 resort bars to that list and – you get the picture. On arrival stake out your favorites and plan your days and nights around this plethora of food and beverage options.

Entertainment: While Cancun is a mecca for tourists, golfers and adventurers, the CAOG recommends that you maximize the all-inclusive facilities at the Pyramid at Grand Oasis if you have any safety concerns. Between the pools, the beach, the Oasis arena, the Red Casino and show and the Kinky Cabaret Night Club the fun never ends. With so much to enjoy you may opt to come early, stay late or even return again and again. The Pyramid at the Oasis rates are good for a few days before and after our event. Blend the best of water sports, dining, family entertainment and after hours fun and still walk everywhere.

Spouse/Guest Program....

President Vanessa Barnabei’s adult daughter and son invite you to join them at the spouse/ guest reception Thursday morning. Learn about yoga, fitness and wellness while having fun with the experts. As always, it will be not only fun but a great way to meet new friends and renew old acquaintances. We recommend that any off property tours or events be arranged through the resort’s professional staff for best results.

Preliminary Scientific Program....

Original scientific research will be the focus of at least 20 oral presentations and almost twice as many poster presentations. After sunrise there will be an opportunity for yoga, beach exercise and breakfast before lectures begin. In addition to current hot topics, special invited guest speakers will further highlight this outstanding CAOG program. Review the preliminary program now. You won’t want to miss a single talk !

2019 PRELIMINARY		WEDNESDAY, OCTOBER 16, 2019		CAOG PROGRAM
7:00 a.m. – 12:45 p.m.	General Registration/Exhibit Hall			
7:30 – 8:30 a.m.	Hot Topic	“Reducing Complexity on Labor & Delivery” Neel T. Shah, M.D. – Boston, MA		
8:30 – 9:45 a.m.	Original Research Paper Presentations			
9:45 – 10:30 a.m.	Break – Scientific Posters/Exhibits			
10:30 – 11:15 a.m.	Hot Topic	“Counseling and Management of Pregnancies at Risk for Periviable Birth” Emily A. DeFranco, D.O., M.S. – Cincinnati, OH		
11:15 – 11:45 a.m.	Original Research Paper Presentations			
11:45 a.m. – 12:45 p.m.	Hot Topic	“Trauma-Informed Care” Whitney E. Mendel, Ph.D. – Buffalo, NY		
2:00 p.m. – 5:00 p.m.	Scientific Poster Display Set Up			
6:00 – 7:30 p.m.	Welcome Reception (all attendees invited)			
THURSDAY, OCTOBER 17, 2019				
7:00 a.m. – 12:45 p.m.	General Registration/ Scientific Posters/ Exhibits			
7:30 – 8:30 a.m.	Hot Topic	“Impact of Consumerism/Social Media on Clinical Practice” Neel T. Shah, M.D. – Boston, MA		
8:30 – 9:00 a.m.	Original Research Paper Presentations			
9:00 – 10:00 a.m.	Hot Topic	“Reengineering EFM Interpretation: Fetal Reserve Index” Mark I. Evans, M.D. – New York, NY		
10:00 – 10:45 a.m.	Break – Scientific Posters/Exhibits			
10:45 – 11:45 a.m.	Original Research Paper Presentation			
11:45 a.m. – 12:45 p.m.	Hot Topic	“Physician Burnout” Whitney E. Mendel, Ph.D. – Buffalo, NY		
FRIDAY, OCTOBER 18, 2019				
7:00 a.m. – 12:45 p.m.	General Registration/ Scientific Posters/ Exhibits			
7:30 – 8:30 a.m.	Original Research Paper Presentations			
8:30 – 9:30 a.m.	Hot Topic	“Mexican Women’s Health Care: An Overview” Ernesto Castelazo Morales, M.D. – Mexico City, Mexico		
9:30 – 10:00 a.m.	Original Research Paper Presentations			
10:00 – 10:45 a.m.	Break – Scientific Posters/Exhibits			
10:45 – 11:45 a.m.	Original Research Paper Presentations			
11:45 a.m. – 12:30 p.m.	Key Note Speaker	“Global Women’s Health Challenges” John J. Sciarra, M.D., Ph.D. – Chicago, IL		
12:30 – 1:15 p.m.	Presidential Address	“Perspectives on Wellness” Vanessa M. Barnabei, M.D., Ph.D. – Buffalo, NY		
1:15 – 1:45 p.m.	Annual Business Meeting CAOG			
6:00 – 9:00 p.m.	Farewell Reception & Dinner (all attendees invited)			
SATURDAY, OCTOBER 19, 2019				
7:30 – 8:15 a.m.	Original Research Paper Presentations			
8:15 – 9:00 a.m.	Hot Topic	“Financial Wellness Challenges” Brent W. Bost, M.D., M.B.A. – Colleyville, TX		
9:00 – 9:30 a.m.	Original Research Paper Presentations			
9:30 – 10:00 a.m.	Break/Refreshments			
10:00 – 10:45 a.m.	Hot Topic	“Yoga, Fitness & Balanced Life Style” Shilpa Babbar, M.D. – St. Louis, MO		
10:45 – 11:45 a.m.	Original Research Paper Presentations			
11:45 a.m.	Adjourn			



Exclusive resort restaurants, bars and entertainment await your pleasure . . .



Or just lounge by the pool. Great R&R plus CAOG Science and Friends