

**THE CENTRAL ASSOCIATION OF  
OBSTETRICIANS AND GYNECOLOGISTS  
86<sup>TH</sup> ANNUAL MEETING  
CANCUN, MEXICO – PYRAMID AT THE GRAND OASIS  
OCTOBER 16 – 19, 2019**

**Meeting Schedule**

**Wednesday, October 16, 2019**

7:00 am – 12:45 pm	General Registration
<b>First Scientific Session</b>	
7:30 am	Announcements
7:30 – 8:30 am	<b>Hot Topic #1</b> <b>“Reducing Complexity on Labor &amp; Delivery”</b> <b>Neel T. Shah, M.D. – Boston, MA</b>
8:30 – 9:00 am	Original Research Paper (30 Minutes) <b>Central Prize</b> “The Relationship Between Glucose Testing in an Index Pregnancy and Outcomes in a Subsequent Pregnancy: Implications for Testing Guidelines” <b>Emmet Hirsch, M.D.</b> NorthShore University HealthSystem, Evanston, IL  Discussant: David Haas, M.D.
9:00 – 10:00 am	<b>Hot Topic #2</b> <b>Mycoplasma Genitalium &amp; Sexually Transmitted Infections</b> <b>Thomas F. Arnold, M.D. – Dickinson, ND</b>
10:00 – 10:45 am	Break /Refreshments/ Exhibits /Posters
<b>Second Scientific Session</b>	
10:45 – 11:30 am	<b>Hot Topic #3</b> <b>“Counseling and Management of Pregnancies at Risk for Periviable Birth ”</b> <b>Emily A. DeFranco, D.O., M.S. – Cincinnati, OH</b>
11:30 am – 12:00 noon	Original Research Paper (30 Minutes) <b>President's Certificate</b> “Increases in Albumin-Adjusted Serum Calcium Over Time Predict Ovarian Cancer” <b>Gary G. Schwartz, Ph.D., MPH, Ph.D.</b> UNDSMHS, Grand Forks, ND  Discussant: Tom Arnold, M.D.
12:00 – 1:00 pm	<b>Hot Topic #4</b> <b>“What is Trauma-Informed Care? Exploring the Fundamentals of Trauma-Informed Care and How it Can Benefit You and Your Patients”</b> <b>Whitney E. Mendel, Ph.D. – Buffalo, NY</b>

**Thursday, October 17, 2019**

7:00 am – 12:45 pm	General Registration
7:30 am	Announcements
<b>Third Scientific Session</b>	
7:30 – 8:30 am	<b>Hot Topic #5</b> <b>“Impact of Consumerism/Social Media on Clinical Practice</b> <b>Neel T Shah, M.D. – Boston, MA</b>
8:30 – 9:00 am	Original Research Paper (30 Minutes) <b>Community Hospital</b> “To Treat or Not to Treat: Effect of One Elevated Glucose Tolerance Test Value” <b>Leah A. Hong, M.D.</b> Henry Ford Health System, Detroit, MI  Discussant: Pam Midboe-Penn, M.D.
9:00 – 10:00 am	<b>Hot Topic #6</b> <b>“Improving the Performance of Fetal Monitoring”</b> <b>Mark I. Evans, M.D. – New York, NY</b>
10:00 – 10:45 am	<b>Break /Refreshments/ Exhibits /Posters</b>
<b>Fourth Scientific Session</b>	
10:45 – 11:15 am	Original Research Paper (30 Minutes) <b>Young Investigator</b> “The Influence of Insufficient Prenatal Care on Severe Maternal Morbidity.” <b>Emily A. DeFranco, D.O.</b> University of Cincinnati Medical School, Cincinnati, OH  Discussant: Elliot Levine, M.D.
11:15 – 11:45 am	Original Research Paper (30 Minutes) <b>Dr. Jack A. Pritchard Memorial Paper</b> “Adverse Outcomes Among Low-Risk Pregnancies at 39 to 41 Weeks: Stratified by Fetal Growth” <b>Hector Mendez-Figueroa, M.D.</b> Baylor College of Medicine, Houston, TX  Discussant: Emmet Hirsch, M.D.
11:45 am – 12:45 pm	<b>Hot Topic #7</b> <b>“The Cost of the Work: Acknowledging the Realities of Physician</b> <b>Burnout and Exploring Strategies for Prevention”</b> <b>Whitney E. Mendel, Ph.D. – Buffalo, NY</b>

**Friday, October 18, 2019**

7:00 am – 1:45 pm	General Registration
7:30 am	Announcements
<b>Fifth Scientific Session</b>	
7:30 – 8:00 am	<p>Original Research Paper (30 Minutes)  “Apgar Score at 5 Minutes and Adverse Outcomes Among Low-Risk Pregnancies”  <b>Suneet P. Chauhan, M.D., Hon DSc</b>  McGovern Medical School-UTHouston, Houston, TX</p> <p>Discussant: Jon Muraskas, M.D.</p>
8:00 – 8:30 am	<p>Original Research Paper (30 Minutes)  “Use of Ibuprofen in Managing Cervical Shortening”  <b>Craig V. Towers, M.D.</b>  University of Tennessee Medical Center, Knoxville, TN</p> <p>Discussant: Jame VanHook, M.D.</p>
8:30 – 9:30 am	<p><b>Hot Topic #8</b>  <b>“Mexican Women’s Health Care: An Overview”</b>  <b>Ernesto Castelazo Morales, M.D. – Mexico City, Mexico</b></p>
9:30 – 10:00 am	<p>Original Research Paper (30 Minutes)  <b>Dr. Kermit E. Krantz Memorial Paper</b>  “Increasing Selection of Preconception Expanded Carrier Screening and Its Impact on Preimplantation Genetic Diagnosis (PGT-M)”  <b>Lee P. Shulman, M.D.</b>  Feinberg School of Medicine of Northwestern Univ., Northbrook, IL</p> <p>Discussant: Mark Evans, M.D.</p>
10:00 – 10:45 am	<b>Break /Refreshments/ Exhibits /Posters</b>
<b>Sixth Scientific Session</b>	
10:45 – 11:15 am	<p>Original Research Paper (30 Minutes)  “Preimplantation Genetic Testing for Structural Rearrangements (PGT-SR): Outcomes and Incidental Findings from 24-Chromosome Analysis”  <b>Savanie Maithripala, MSc, LCGC</b>  Reproductive Genetic Innovations, LLC, Northbrook, IL</p> <p>Discussant: Pending confirmation</p>
11:15 – 11:45 am	<p>Original Research Paper (30 Minutes)  “Neonatal and Maternal Morbidity Among Low-Risk Pregnancies at 37 to 41 Weeks: The Influence of Time Of Delivery”  <b>Stephen M. Wagner, M.D.</b>  McGovern Medical School-UTHouston, Houston, TX</p> <p>Discussant: Karolina Adam, M.D.</p>
11:45 am – 12:30 pm	<b>Keynote Address</b>

	<p align="center"><b>“Global Women’s Health Challenges”</b>  <b>John J. Sciarra, M.D., Ph.D. – Chicago, IL</b></p>
12:30 – 1:15 p.m.	<p align="center"><b>Presidential Address</b>  <b>“Why I’m Still a Feminist: From Misogyny to Maternal Mortality”</b>  <b>Vanessa M. Barnabei, M.D., Ph.D. – Buffalo, NY</b></p>
1:15 – 1:45 pm	<p align="center"><b>Annual Business Meeting CAOG</b></p>

**Saturday, October 19, 2019**

7:00 - 11:45 am	General Registration
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7:30 am	Announcements
<b>Seventh Scientific Session</b>	
7:30 – 7:45 am	Original Research Paper (15 Minutes) “Reducing the NTSV Cesarean Delivery Rate by Minimizing Elective Induction of Labor” <b>Elliot M. Levine, M.D.</b> Advocate Illinois Masonic Medical Center, Chicago, IL
7:45 – 8:00 am	Original Research Paper (15 Minutes) “Relationship Between Obesity and Cesarean Delivery Rate” <b>Jessica H. Siegler, M.D.</b> University of Illinois at Chicago, Chicago, IL
8:00 – 8:15 am	Original Research Paper (15 Minutes) “Clinical Guidelines by Society of Maternal-Fetal Medicine: An Overview” <b>Clifton O. Brock, M.D.</b> McGovern Medical School-UTHouston, Houston, TX
8:15 – 9:00 am	<b>Hot Topic #9</b> “Financial Wellness: The Cure for Fiscal Insomnia” <b>Brent W. Bost, M.D., MBA – Colleyville, TX</b>
9:00 – 9:15 am	Original Research Paper (15 Minutes) “Outcome of Savior Sibling Program” <b>Norman A. Ginsberg, M.D.</b> Advocate Illinois Masonic Hospital, Chicago, IL
9:15 – 9:30 am	Original Research Paper (15 Minutes) <b>Dr. Bryan Cowan FAR Award</b> “Cesarean Section Does Not Improve Survival Outcomes Less Than 25 Weeks Gestational Age” <b>Tiffany R. Tonismae, M.D.</b> Indiana University School of Medicine, Indianapolis, IN
9:30 – 9:45 am	Original Research Paper (15 Minutes) <b>Dr. George W. Morley Memorial Paper</b> “A System-Level Approach to Improving Cervical Cancer Screening Rates & Surveillance: Implementation of an Electronic Health Record Tracking System in a Community Health System” <b>Courtney K. Pfeuti, B.A.</b> Univ. of Wisconsin School of Medicine & Public Health. Madison, WI
9:45 – 10:15 am	<b>Break/Refreshments</b>
<b>Eighth Scientific Session</b>	
10:15 – 11:00 am	<b>Hot Topic #10</b> “Healthy Living: Myth vs. Reality” <b>Shilpa Babbar, M.D. – St. Louis, MO</b>
11:00 – 11:15 am	Original Research Paper (15 Minutes) “Clinical Utilization of Weekly Laboratory Testing in the Outpatient Management of Preeclampsia”

	<p style="text-align: center;"><b>John A. Morgan, M.D.</b> LSU-Health Shreveport, Shreveport, LA</p>
11:15 – 11:30 am	<p style="text-align: center;">Original Research Paper (15 Minutes) “Newborn Renal Function as an Adjunct Biomarker in Timing of Fetal Neurologic Injury” <b>Maika T. Manalastas, D.O.</b> Loyola University Medical Center, Maywood, IL</p>
11:30 – 11:45 am	<p style="text-align: center;">Original Research Paper (15 Minutes) “Adherence and Outcomes for 17-Hydroxyprogesterone Caproate Use in Women with a Previous History of Preterm Birth” <b>Alexandra Edwards, M.D.</b> Saint Louis University School of Medicine, St. Louis, MO</p>
11:45 am – 12 noon	<p style="text-align: center;">Original Research Paper (15 Minutes) “Transversus Abdominis Plane (TAP) Block with Liposomal Bupivacaine for Laparoscopic Hysterectomy with Umbilical Contained Tissue Extraction” <b>Laura D. Young, M.D.</b> Indiana University School of Medicine, Indianapolis, IN</p>
12:00 – 12:15 pm	<p style="text-align: center;">Original Research Paper (15 Minutes) “Maternal Obesity and Severity of Intrauterine Growth Restriction” <b>Lisette D. Tanner, M.D.</b> McGovern Medical School-UTHouston, Houston, TX</p>
12:15 – 12:30 pm	<p style="text-align: center;">Original Research Paper (15 Minutes) “The Significance of Unsatisfactory Cervical Liquid Based Cytology and the Subsequent Risk of Future Abnormal Cytology” <b>Jenna R. Voirol, M.D.</b> Indiana University, Indianapolis, IN</p>
12:30	<b>ADJOURN</b>